

CORNERSTONE Newsletter for Harbor School & Carpe Diem Primary community

Calendar

10/24: High School Preview Monday, 6:30pm Harbor School

10/28: Jumping Mouse! Carpe Diem Primary

10/28: Halloween Dance Grades 4 - 8 at THS (See page 2 for details)

10/31: Poet's Afternoon, 1:30PM Carpe Diem Primary

11/01: SCREENAGERS, 6:30PM Special Viewing at Harbor School - FREE to Public

11/02: HS Test Prep Class (1 of 3) 3:15-5PM 8th Grade Sign-Up Course

11/04: Early Dismissal at Noon

11/07: HS Test Prep Class (2 of 3) 3:15-5PM 8th Grade Sign-Up Course

11/11: NO SCHOOL: Veterans Day

11/14: HS Test Prep Class (3 of 3) 3:15-5PM

8th Grade Sign-Up Course

11/15: Open House, 6:30PM at Harbor School

11/16: Team Pizzazz Invention Convention, 8 - 9AM Harbor School

11/18: Jumping Mouse! Carpe Diem Primary

11/21 - MS Conferences

11/22 No Classes for 6th, 7th & 8th

11/23- THANKSGIVING Break 11/25 No School

12/09: Early Dismissal at Noon THS & CD

12/15: Winter Celebration Carpe Diem Primary

12/16: Holiday Community Potluck, 5-8PM Burton Lodge

Kids, Joy and Daily Reflections by Mark

Three times this week I was struck by the joy of working with students who are independent, responsible and, for lack of a better word, heart-warming.

On Thursday morning, before school started at about 7:50AM, I popped into the Art class to say good morning to a group of 6th graders who were getting ready for class. After exchanging pleasantries and being quizzed about what we were doing in PE that day, I noticed a small group gathered around a computer. I moved over to where they were and asked them what they were doing. They looked at me briefly as if I should of course know what they were doing and swiveled the computer around so I could see. "We are watching the debate" they said, as if it was the most natural thing for 6th graders to be doing in the 5 minutes before school starts!

Also on Thursday I received the second letter in a set of written correspondence from a couple of 8th graders requesting a late start on the morning after Halloween. I am sure this correspondence will continue over

the next week, and maybe one day we will publish it for your reading pleasure, but the nature of it, the engagement, the fun and the persuasiveness is testament to the education students receive at Harbor School.

And finally, on Wednesday morning, I had the great pleasure of playing the guitar and singing a song with our Carpe Diem students. As many of you know, they are preparing for *Poet's Afternoon*, and as part of that preparation they are learning a new song to sing. The willingness to jump into the song with confidence and laughter epitomized the strong sense of community and safety that is evident in everything I experience at Carpe

As I reflect on the week, and think about these moments, I am struck by how many more I could pull out from this week of memories. What all of those memories would do is capture the strong sense of independence and willingness to participate and be present in the moment that our students exhibit day in, day out!







Upcoming Event Highlights

There are several events to highlight before the month ends. If you have a current 7th or 8th grader please SAVE THE DATE for the High School Preview on Monday, 10/24; Join us on Friday, 10/28 for our *Dia de los Muertos* celebration led by Profe Russ and our Harbor School students; and, Carpe Diem's Poet's Afternoon on Monday, 10/31 at 1PM! MORE NEWS >



Kicking the ball around at Carpe Diem during lunch time.

McMurray Sports

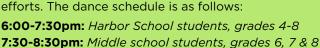
Signups for McMurray Winter Sports is happening right now. If your child is interested in Boys Basketball, Girls Basketball, Girls Soccer, or the Wrestling Clubs you can download the necessary forms at **www.vashonsd.org/mms** and click on **Co-Curricular** to begin the registration process.

Fees: There is a \$100.00 fee for each sport for seventh and eighth graders. Sixth graders are eligible to practice with teams if space is available but are not generally eligible for competition. A sports physical is also required for all participants in sports; these are good for 2 years. Scholarships are available upon request.

Halloween Dance

Friday, October 28 at 6PM

The Class of 2017 is planning a Halloween dance for students on our campus on **Friday, October 28.** This is a fundraiser for the 8th Grade Class Trip to Iceland. They will be charging a **\$5 entry fee** and will have treats for sale to further help in their fundraising efforts. The dance schedule is as follows:



This is a wonderful and spirited class. This fundraiser is driven by them (with a little help) and they are planning a very child-friendly, fun experience. We are hoping for a great show of support for their efforts.

Chaperones will include Mark and Lauretta.



8:30-9:00pm: 8th Grade clean up.

HIGH SCHOOL PREP CLASS DATES SET

The High School Prep Class for current 8th graders interested in applying to private or independent high schools for Fall 2017 will be held at Harbor School on the following dates:

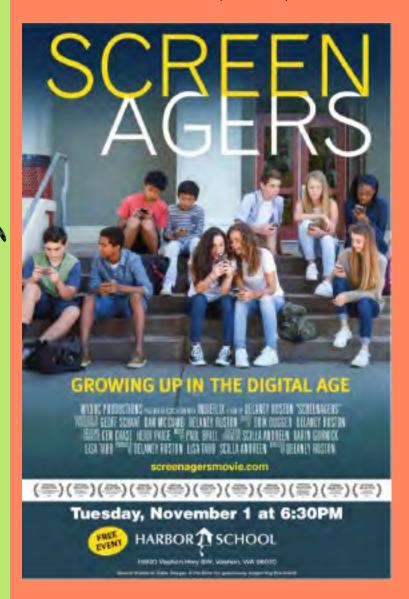
Wednesday, November 2, 3:15 - 5:00PM Monday, November 7, 3:15 - 5:00PM Monday, November 14, 3:15 - 5:00PM

The course will focus on the **Princeton Review's 2017 Edition: Cracking the SSAT & ISEE.** Instructors will be Leslie Blair and Todd Wooster. The course book is included in the cost of the class - \$150 per student.

If you have not signed up but would like to participate, please email Mark at mark@harborschool.org.

SCREENAGERS - NOV 1

Harbor School will host a special showing of SCREENAGERS on **Tuesday, November 1, at 6:30PM** for those of you who missed seeing it at Vashon Theater. This event will be held at Harbor School and is FREE and open to the public!







Donate Art Supplies

Our 8th graders are gathering art supplies to fill a suitcase in support of the Uweza Art Project in Kibera, Kenya. If you have extra crayons, markers, colored pencils, paper, or paints that you would be willing to part with to help artist Olivia Pendergast on her travels to Kenva next month.

please bring them to the main campus next week.

Join us in supporting art globally and helping the children of Kibera. If you have questions, please email mark@ harborschool.org.



Being Prepared

Students on both campuses participated in *The Great* Washington ShakeOut on Thursday, October 20, practicing earthquake drills inside and outside the building. This is an annual statewide earthquake drill to help our teachers and students prepare and practice for an earthquake - and stay safe!

If you'd like to learn more about this annual event or peruse their online resources, go to:

http://www.shakeout.org/washington/resources/

Next week at Harbor we will have our first fire drill of the year.

Together We Can

THE HARBOR FUND

100%

PARTICIPATION

IS OUR GOAL

We count our parent community as our most dedicated and generous school members. Because of your support and participation, students at Harbor School and Carpe Diem thrive in a strong, vibrant learning environment. We are

incredibly grateful for all that you do as parents in our school.

Your support of the Harbor Fund helps give our students and teachers unique and enriching opportunities - whether furthering a theme unit by traveling off-island on a field trip to learn more about inventions, or building a service learning experience around the interests of a single class vear - our ability to respond to our students and teachers and put the "wheels" in motion, make Harbor School a truly special place!

Please support Harbor School so we can continue to build upon our successes and keep our programs and services alive and prospering!

Please make a gift or pledge today to the Harbor Fund.

Thank you for your past contributions and we look forward to your continued support and participation.

DONATE ONLINE NOW

23% We grew 6%!

clicking on the DONATE NOW, you can go directly to our online giving page and make a gift today. You'll be redirected to our PayPal site where you can make choose a one-time gift or sign up for recurring monthly donations.

MAKE AN ONLINE GIFT TODAY - by

DOWNLOAD PLEDGE FORM

MAKE A PLEDGE TODAY AND FULFILL YOUR GIFT LATER - your commitment to giving counts as your participation for the 2016-17 school year. By making a pledge today, you can choose to fulfill your gift at a later date or on a set timeframe.

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ALUMNI NEWS



Six Harbor School Alumni are rowing in Boston's The Head of the Charles with VIRC this weekend!

Vashon Crew has sent two teams to the Head of the Charles Regatta in Boston, MA - the world's largest two-day rowing event! We're especially proud of our alumni rowers who have been selected to participate. They are: Lucca Shattuck '16, Beckett Reid '16, Josie Slade '14, David Nguyen '13, Rhea Enzian '13, and Virginia Miller '13.

About the Head of the Charles:

Since its origin in 1965, the Head Of The Charles® Regatta (HOCR) has welcomed the world's best crew teams to the banks of the Charles River for the ultimate two-day rowing competition. The regatta was created on the advice of Harvard University sculling instructor Ernest Arlett who proposed a "head of the river" race (similar in tradition to races held in his native England) be held on the Charles River. "Head" races are a class of regattas generally three miles in length. Boats compete against one another and the clock, which starts sequentially, approximately fifteen seconds apart. Winners of each race receive the honorary title "Head of the River" or, in this case, "Head Of The

Over the past 52 years, the Head Of The Charles Regatta has grown tremendously. Today, more than 11,000 athletes from around the world compete in 55 different race events. In 1997, the Regatta grew to a two-day event and now attracts thousands of spectators during race weekend in October. Support from numerous boat clubs, colleges and universities, the Department of Conservation and Recreation (DCR), as well as 1,400 hardworking volunteers help make the HOCR a continued success year after year.

If you'd like to show your support for Vashon Crew, you can live stream the races here:

http://www.hocr.org/the-regatta/live-webcast/

Over the years, Harbor School has had many alumni join Vashon Crew. In fact, this year we have two current students participating after school in the program - **Brian De Loach '18** and **Pippa Slade '17.** Many of our alumni parents and current parents are part of the VIRC Masters Program as well.

Good luck to all the Vashon rowers this weekend!!

4 MORE NEWS >



insects, and take part in an "Insect

ORDER REMINDER Student Portraits

Just a little reminder that the Carpe Diem photo ordering with the event pricing deadline is today - Friday, October 21! If you want to take advantage of the event pricing, please place your orders no later than tonight. To those of you that have already ordered, a warm thank you!

View the gallery at:

http://marlasmithphotography. pixieset.com/guestlogin/ carpediem2016/?return=/ carpediem2016/

Password is: jumpingmouse16

TEAM PIZZAZZ

Inventions & Inventors

This week we kicked off the grand-finale component of our Simple Machines, Inventors and Inventions unit. Students took home their Inventor's Pack, which lays out the gist and some of the specifics of our upcoming creative endeavor. Please ask your student to be your tour guide, and have them walk you through the details of the project using the coversheet on the first page. Please note the date of our **Invention Convention** on your calendar so you can join us (it will be from 8:00-9:00 on **Wednesday, November 16**).

We looked at some bizarre and brilliantly ridiculous inventions that kids have made to solve problems in their lives, rehashed why people invent, and shared some mind-blowing modern inventions of 2016 via a YouTube video that many kids wanted to share at home - https://www.youtube.com/watch?v=ta9HcTEsSoM. May your minds explode in awe from the power of invention!



All photos from our Boeing Field Trip!

On Wednesday we travelled to Boeing for a hands-on robotics adventure and tour of the gigantic facilities. We caught a beautiful sunrise while catching an early boat off the island to head up to Boeing for the day. What an adventure we had! We saw simple and very complex machines in action, and incredible inventions big and small, in use in the world's largest building as thousands of people worked diligently to assemble airplanes. We then had a special mission: develop a machine that can move in all directions, can lift up objects from the ground, and can store those objects on this creation. These robotic inventions then traveled to "another planet" in order to harvest "space pumpkins." Regardless of the amount of pumpkins harvested, our mission was accomplished.

Math

On Monday, students took home a new logic math puzzle, the ever-popular Coin Clues. This week during Core Math, we continued our work with **Whole Numbers**. Grades 4 and 5: multiples and factors. What's the difference? How do you find them? Why are they helpful to know about? Ask your learner what they discovered!



Reading

This week we continued our practice with inferencing, both in our read aloud book and in students' independent reading books. We know that inferencing is "reading between the lines," but what is that really? We played a game to help us discover that we infer all throughout our day, not just as we read. Students read a statement, like "your dad stomps into the living room, turns off the TV, and frowns at you." The question is: What is happening? Students were to use the clues hidden inside the statement (stomp, living room, frown) to infer what is likely happening here. In a book, as you read on, often times the truth is revealed as context is given, whereas in real life finding out the truth can be trickier! Students are using their reading journals to track their findings about inferences they make while reading.

Art with Alisara

Team pizzazz is still diligently working on their inventors quilt. We are having lots of fun and learning how to draw with yarn and sewing stitches.

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MIDDLE SCHOOL

English with Todd

6[™] Grade

This week in 6th grade English we've been hard at work on our VFW essays. The students have been working through the writer's process: they began by pondering and wrestling with the theme of "The America I believe in," and once they had their thoughts solidified, they planned out the direction of their papers. Then they set about producing a rough draft! I've seen a lot of thoughtful and passionate writing, and I can't wait to see the final results!

7[™] Grade

In 7th grade English this week our attention has been focused on producing a rough draft of our VFW essays. The theme this year is "The America I believe in," and students have been responding to the prompt with both passion and careful consideration. We also read James Thurber's "The Secret Life of Walter Mitty," a classic short story that's always popular. Students will head home wondering about the merits of being 'inscrutable' like Mitty...

8[™] Grade

This week in 8th grade English we talked about the power of words, and how writers and poets choose their words deliberately and precisely. Our focus was on the extraordinary work of Emily Dickinson, and students were impressed by her startling word choice and her unique vision of the world. Through readings of "A Narrow Fellow in the Grass" and "I Heard a Fly Buzz - When I Died," students began to see how poets might use words, as Dickinson said, "to tell all the truth but tell it slant -"

Art with Alisara

6[™] Grade

The sixth grade is practicing still life drawing from some amazing fall nature left for us by the wind last week. We practiced how to cite a base unit and apply that measurement to something else (... It's that trick of holding your pencil with a locked elbow and one eye open that you see artists do in the old movies). The student choice homework this week is to draw an imaginary world that you have invented.

7[™] Grade

The seventh grade is doing a two day open studio inspired by their unit Community, and students are making everything from murals to sculptures. We will display the works when they're finished around the school and invite you to take a look the next time you come by. The student choice homework is to draw an alien version of yourself.

8[™] Grade

The 8th grade is still deep in drawing their important story series. They have put in quite a bit of time thinking about what this story means to them, and I know you'll enjoy talking to your student about the meaning in their story.

After practicing Rick Pratt's Harbor

After practicing Rick Pratt's Harbor Doodle workshop the students are now ready to draw a doodle that will be submitted to google by December 2, so the homework this week is to visit the Google doodle website (the kids have the URL from class) and get some ideas for a doodle and draw one finished concept for submission.

Math with Leslie

I FVFI 6 - MATH 6

Students continue with **Chapter 2: Fractions** (multiplying and dividing). We are spending quality time with multiplying fractions and then with division of fractions. We will conclude this short chapter with a quiz on **Tuesday, October 25**.

COURSE 2 - MATH 7

We completed our review of **Chapter 1: Integers and Rational Numbers** so watch for a completed packet to come home for you to enjoy, sign and return. We continue with **Chapter 2: Equations** where we explore the making of expressions with variables and solving one and two-step equations.

I EVFL 7 - PRF-ALGEBRA

Students have taken and corrected the **Chapter 2: Real Numbers** test. They are gathering all their chapter work and will be presenting it to you for your approval, signature and a return to school. We have begun **Chapter 3: Introduction to Algebra** where we play around with making one and two variable expressions from a myriad of real life situations (story problems).

Algebra with Zoë

Students are mastering factoring polynomials this week. They have used several techniques and approaches. Ask about the "slip and slide" method!

MORE NEWS >

In Art this week, 7th graders spent time working on individual or collaborative pieces for the school community. We will put up the finished work around campus - keep your eyes out for new creations!





For Science this week, 8th graders visited the UW Brain Lab where Anelaya's father Jeff works. Leela had her brain scanned in the MEG! Afterward, we hiked through the old growth forest at Schmidt Park in West Seattle to soothe our thinking brains.

Science with Zoë

6[™] Grade

We are wrapping up the unit on matter. Instead of a test, students will demonstrate what they have learned through a variety of small projects of their choosing.

7[™] Grade

We are wrapping up the unit on matter. Instead of a test, students will demonstrate what they have learned through a variety of small projects of their choosing.

8[™] Grade

We were so fortunate to have a fascinating tour of a brain research lab this week! Big thanks to Jeff Stevenson for making science truly come alive at his lab at UW (see photo above)! We also dissected sheep hearts this week during our exploration of the circulatory system

Spanish with Profe

I am super excited about our plan to celebrate *Día de los Muertos* this year. The 8th grade has already begun planning and I spoke to the 7th grade on Thursday.

The culmination will be a fiesta on **October 28** during our Friday assembly time, 2:10 - 3:00, on the main campus. All family members are invited! Special request to the 7th and 8th grade parents to help by bringing food for a buffet. Small plate offerings seem to give young palettes an opportunity to try new flavor profiles. It is my hope that we serve culturally authentic dishes for the

holiday. Students and I have discussed, and will continue, to discuss and learn what the iconic dishes of *Día de los Muertos* are. You can find information about the holiday, including food offerings and recipes, on the *Día de los Muertos* page of my wikispace: http://huachinango.wikispaces.com/

8[™] Grade Spanish

Please ask your student about his/her project. We dedicated class time to research and plan on Wednesday morning. The construction and execution phases will be done at home. Projects should be at school on the morning of Friday, October 28, so that students may display their work throughout our school. Food can be delivered near the time we begin our celebration, or, of course, anytime that works best for you. We will stage food in the Art room.

7TH Grade Spanish

Please ask your student about our story, La Bruja y su lobo. In this story, many of the iconic foods of the holiday are included. The project phase of our celebration is for 8th grade. So, look forward to that fun part next year.

Again, I am super excited!

This is the first time I have coordinated a celebration, exactly in this format. Please share any ideas that may improve our experience or anything I may have overlooked. We succeed together.

- Gracias, Profe

Social Studies with Lauretta

6[™] Grade

This week, we will be getting a sense of ancient Mesopotamian culture by finishing the epic of Gilgamesh and discussing the stories of Marduk, the Hanging Gardens of Babylon, and the Tower of Babel.

7[™] Grade

On Monday, we took a short break from Food Inc., to watch and discuss Michelle Obama's speech in New Hampshire. Your children discussed the issues of demeaning language both in this presidential season as well as in their own lives. Your students were both thoughtful and insightful. They did you proud!! We then returned to food issues in America.



8TH Grade
The lecture series
on the steps
toward the
creation of the U.S.
Constitution
ended and
students are
preparing for their
test. They are also
continuing to learn
the names of the
Presidents of the
United States.

In the Community



PARENTS OF TEENS EDUCATION SERIES

Parents of Teens Series Dates: Oct 19, 26, Nov 2, 9, 16, 23, and 30 | 6:30pm - 8:45pm McMurray Middle School Library

Register for free at varsanetwork.org/parentsofteens

Parents have the greatest influence on teens making healthy choices as they move toward adulthood. Yet being a parent of a teen can be an extremely trying time. Children are developing their skills of independence, critical thinking, and challenging authority. There is frequently conflict and disharmony as expectations are questioned and boundaries tested. Parents often feel isolated, confused, and fearful when they encounter changes in their children - unsure what is normal adolescent development or something more serious.

While there are many options for parents to connect during elementary and early middle school years, these seem to tail off as children hit adolescence - a time when they are at higher risk for substance abuse, emotional/behavioral issues, and suicide.

VARSA's Parents of Teens group offers families additional support and information about best practices, ways to expand parenting skills, and an opportunity to connect with other families.

Each 2-hour meeting will include in-depth discussion, presentations from subject matter experts, parent networking, and resource sharing.

Weekly meetings will include topics such as:

- · When it's more than sad Teen depression & anxiety.
- · Teen Development What's important to know.
- · Building Resiliency Assisting teens through transitions.
- Managing Conflict At home and in school.
- \cdot $\;$ Doing the chores! Why household help is so important.
- · Digital Devices: Influence and impact.
- · Under Construction: Substance use and the teen brain.
- · Adaptive parenting styles.
- · Teen relationships: Romance, heartbreak, and sex.

The groups is facilitated by two counselors with extensive experience in behavioral health, parent education, working with teens, and group facilitation. Both are also parents of teens.





The 2016 Community Attitudes Survey is Now Open

Every year, as part of the requirements for the CPWI grant, Vashon Islanders are asked to take the Community Survey. It is free and completely anonymous.

Everyone's participation is crucial. Along with data from the Healthy Youth Survey, the information gathered shows how our Island thinks about underage substance use, and how our youth perceive the social norms on Vashon. The more people participate, the better the results reflect the Island's attitudes.

We than take the data to use in VARSA's planning process to respond to the underage substance use issues we face here on our beautiful Island.

The survey is anonymous. Follow the link below:

http://www.varsanetwork.org/survey-2/

